

VITALISE CHURCHTOWN FORTHCOMING EVENTS

- **Sunday 25th May – Plymouth Half Marathon
Plymouth Hoe (meet at 9am)**
Third year we've entered this event. Contact me now for your place.
- **Sunday 1st June – Annual Charity Family Walk & Fun Day
Cardinham Woods, Bodmin (9.30am to 3pm)**
Third year running we've held this event. A Family Dog Show, Duck Race and raffle will be held. BBQ available throughout the day.
- **Sunday 6th July – Group Parachute (Tandem) Jump
Perranporth Airfield (9am to 5pm)**
The event marks the anniversary of the day Churchtown opened in '76. Raise a minimum of £395 and jump for FREE.
- **Sunday 3rd August – Friends of Churchtown Summer Fair
Churchtown Centre (11am to 4pm)**
Annual fair with stalls and entertainment. This year we will also have ACTIVITIES such as zip wire, climbing wall and archery etc.
- **Sunday 31st August – Dragon Boat Race
Roadford Lake (between Launceston & Okehampton)**
A fun-filled day for all the family with other entertainment such as water sports etc. Contact me for entry forms soonest.
- **Friday 7th November - Confectionery Extravaganza
Plymouth Guildhall (9.30am to 5pm)**
Various confectionery stalls. Come and taste the products and purchase gifts for Christmas.

PARACHUTE JUMPS: Take place at an airfield near you throughout the year. Jump for FREE by raising money through sponsorship and doing tandem, static line or accelerated free fall. Contact me for full details.

OVERSEAS TREKS: Details now available for all 2008 & 2009 treks in Peru, China, Sahara, Iceland, Vietnam, Kilimanjaro, Nepal, Cuba & Paris.

Mick Ryan

Fundraiser

Vitalise Churchtown

Tel: 01208 871932 mryan@vitalise.org.uk

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